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4	UNITED STATES DISTRICT COURT WESTERN DISTRICT OF WASHINGTON		
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7	A. DOUGLAS MURCH,	N. GG5 0000	
8	Plaintiff,	No. CO5-0992P	
9	V.	ORDER ON THE PARTIES' CROSS-MOTIONS FOR SUMMARY	
10	THE PRUDENTIAL WELFARE BENEFIT	JUDGMENT AND PARTIAL SUMMARY JUDGMENT	
11	PLAN, an ERISA Plan, and AETNA LIFE INSURANCE COMPANY,		
12	Defendants.		
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	This matter-comes before the Court on the parties' cross-motions for summary judgment and		
15	partial summary judgment (Dkt. Nos. 8 and 14). Plaintiff A. Douglas Murch is attempting to recover		
16	home-health-care benefits allegedly owed him under the Prudential Welfare Benefit Plan ("the Plan"),		
17-	an ERISA health-insurance plan administered by Defendant Aetna Life Insurance Co. ("Aetna").		
18	Both parties moved for summary judgment regarding the standard of review, Plan coverage of home		
19	health care, and whether the Plaintiff must exhaust administrative remedies for claims after March 20,		
20	2004.		
21	The Court DENIES Defendant's motions in totality. (1) The Court GRANTS Plaintiff's		
22	motion to have the claims reviewed de novo. The Plan documents fail to properly delegate		
23	discretionary authority to Aetna. (2) The Court DENIES Defendant's motion to deny coverage for		
25	February 8-July 17, 2004. Aetna's interpretation of the plan was substantively and procedurally		
26	unreasonable. Plaintiff is deemed to have exhausted a	administrative remedies for claims through July	
20	17, 2004, and the Court REMANDS these claims to Aetna so the company may undertake a proper		
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Filed 05/23/2006 Page 2 of 14 Case 2:05-cv-00992-MJP Document 33 1 1 review. (3) The Court DENIES Defendant's motion to deny consideration of Plaintiff's claims 2 2 beyond July 17, 2004. Although Plaintiff did not submit a claim for this period, Plaintiff has 3 3 demonstrated that doing so would have been futile. Aetna must undertake a review of Plaintiff's 4 4 home health care after July 17, 2004, reading the SPED as covering home health care that is not strictly custodial. 6 6 7 7 **Background** 8 Mr. Douglas Murch suffered a life-threatening stroke on December 14, 2003. He was 9 discharged from the hospital on February 7, 2004. Mr. Murch is covered by a self-funded welfare 10 10 benefit plan (the Prudential Welfare Benefits Plan ["the Plan"]), which is governed by the Employee 11 11 Retirement Income Security Act of 1974 ("ERISA," 29 U.S.C. § 1001 et seq.) and administered by 12 12 Aetna under an Administrative Services Only ("AZO") agreement between Aetna and Prudential. As 13 13 required under ERISA, the benefit plan has a Plan document (in this case, the Prudential Welfare 14 Benefits Plan document) and a Summary Plan Document ("SPED," here, the Retiree Benefits 15 15 Handbook), which enumerates the benefits under the Plan. 16 16 When Mr. Murch was discharged from the hospital, Dr. Lombard, one of his treating 17 17 physicians, wrote a home-health certification and plan of care. Dr. Lombard stated: "[Mr. Murch] 18 18 will require a home health aid. . . . These services are medically necessary to allow him to function at 19 19 home. Without these home-based services, Mr. MURCH's residual deficits would require him to be  $20^{-20}$ hospitalized/institutionalized in order to be cared for safely and properly." (Dkt. 9, Ex. D, 21 21 Attachment 7 at 63). Mr. Murch's wife, Mary Murch, allegedly suffers from severe rheumatoid .22 -22 arthritis 23 23 The Murches employed round-the-clock home-health-care aides after Mr. Murch returned 24 24 home. The aides' work involved both activities that required medical training and activities that did 25 25 not. The aides took Mr. Murch's vital signs; ensured his physical safety until he was able to walk on 26 26 ORDER - 2

Page 3 of 14 Filed 05/23/2006 Case 2:05-cv-00992-MJP Document 33 1 1 his own; helped him dress, bathe, and transfer from bed to wheelchair; took care of his sling; installed 2 2 and removed compression gloves and stockings; did light housekeeping; and sometimes simply kept 3 3 Mr. Murch company. 4 B. The benefit claims process. On June 27, 2004, the Murches submitted to Aetna claims for round-the-clock health care for February 8-March 20, 2004. On August 26, a nurse in Clinician 6 6 Claim Review ("CCR") recommended to the CCR medical director that Aetna cover four hours per 7 7 day for February 8 through June 4 and deny coverage for the other twenty hours per day as "primarily 8 8 custodial." Although no claims had yet been made for services after March 20, the nurse 9 recommended that charges beyond June 5 be denied as "custodial." (AR Vol. 1 of 4 at AET 673-74). 10 10 On September 2, 2004, Aetna orally informed the Murches that it would deny twenty of the twenty-11 11 four hours claimed per day through June 5, 2004, as "primarily custodial." 12 12 The Murches appealed Aetna's denial on September 15, 2004. On October 13, 2004, Aetna 13 13 denied the appeal. On December 3, 2004, the Murches filed a claim for benefits for the period March. 14 14 21 through July 17, 2004. The Murches, having not received a determination on this second claim 15 15 more than four months after it was submitted, hired an attorney, who wrote to Aetna on April 25, 16 16 2005. Aetna responded with a copy of the denial of the appeal from the first claim. The Murches did <del>17 17</del> not submit a claim for benefits beyond July 17, 2004. 18 18 19 19 **Legal Analysis**  $20^{-20}$ Resolving this dispute requires answering four questions: (1) Do the parties dispute material 21 issues of fact; is summary judgment appropriate in this case? (2) What standard of review should the 22 Court use in reviewing Aetna's claims resolution—abuse of discretion or de novo? (3) Was home 23 23 health care of the kind paid for by the Murches after Mr. Murch left the hospital covered under the 24 24 plan, given a plain reading of the SPED? (4) Which benefit claims should the Court consider, and 25 25 should coverage be considered for the period after July 17, 2004, for which the Murches did not 26 26 ORDER - 3

Document 33 Filed 05/23/2006 Page 4 of 14 Case 2:05-cv-00992-MJP 1 1 submit a claim? 2 2 A. Summary judgment 3 3 Summary judgment is not warranted if a material issue of fact exists for trial. Warren v. City 4 4 of Carlsbad, 58 F.3d 439, 441 (9th Cir. 1995), cert. denied, 516 U.S. 1171 (1996). The underlying facts are viewed in the light most favorable to the party opposing the motion. Matsushita Elec. Indus. 6 6 Co. v. Zenith Radio Corp., 475 U.S. 574, 587 (1986). "Summary judgment will not lie if . . . the 7 7 evidence is such that a reasonable jury could return a verdict for the nonmoving party." Anderson v. 8 Liberty Lobby, Inc., 477 U.S. 242, 248 (1986). The party moving for summary judgment has the 9 9 burden to show initially the absence of a genuine issue concerning any material fact. Adickes v. S. H. 10 10 Kress & Co., 398 U.S. 144, 159 (1970). However, once the moving party has met its initial burden, 11 11 the burden shifts to the nonmoving party to establish the existence of an issue of fact regarding an 12 12 element essential to that party's case, and on which that party will bear the burden of proof at trial. 13 13 Celotex Corp. v. Catrett, 477 U.S. 317, 323-24 (1986). To discharge this burden, the nonmoving 14 14\_ party cannot rely on its pleadings, but instead must have evidence showing that there is a genuine 15 15 issue for trial. Id. at 324. 16 16 In this case, the parties do not dispute material issues of fact. Before the Court are the <del>-17</del> 17 relevant Plan documents and an extensive administrative record chronicling Mr. Murch's home health 18 18 care after his hospital release. Because the factual record is undisputed, summary judgment is 19 19 appropriate.  $20^{-20}$ B. Standard of review 21 21 ERISA does not expressly designate a standard of review for courts to apply when 22. adjudicating benefit disputes. The Supreme Court has held that "a denial of benefits challenged 23 23 [under ERISA] is to be reviewed under a de novo standard unless the benefit plan gives the 24 24 administrator or fiduciary discretionary authority to determine eligibility for benefits or to construe 25 25 the terms of the plan." Firestone Tire & Rubber v. Bruch, 489 U.S. 101, 115 (1989). In this case, 26 ORDER - 4

Case 2:05-cv-00992-MJP Document 33 Filed 05/23/2006 Page 5 of 14 1 1 the Court must determine whether Aetna had discretionary authority that was properly delegated. 2 2 What is considered a permissible grant of discretionary authority varies among jurisdictions. 3 3 The Ninth Circuit has specified that proper discretionary authority must be expressly granted by the 4 4 plan's language and not follow merely from a decision maker's exercise of discretion: "[U]nless plan documents unambiguously say in sum or substance that the Plan Administrator or fiduciary has 6 6 authority, power, or discretion to determine eligibility or to construe the terms of the Plan, the 7 7 standard of review will be de novo." Sandy v. Reliance Standard Life Ins. Co., 222 F.3d 1202, 1207 8 8 (9th Cir. 2000). 9 In this case, Prudential violated its own procedure, as outlined in the Plan documents, when it 10 10 granted discretionary authority to Aetna. The Plan document specifies that the "Administrative 11 11 Committee shall be . . . the 'plan administrator,' as defined in Section 3(16)(A) of ERISA . . . and 12 12 shall have responsibility, and full and absolute discretion and authority to control . . . [the] 13 13 administration of the Plan. . . . " (AR Vol. 4 of 4 at AET 2221-22, filed in paper form only). The 14 14 Plan document gives the Administrative Committee authority to delegate responsibility to a "Third 15 15 Party Administrator." Id. The AZO names Aetna as the plan administrator and gives Aetna 16 16 "discretionary authority to determine entitlement to Plan benefits." (Dkt. 9, Ex. B at 16). However, 17 17 the AZO is a contract between Prudential and Aetna; the Administrative Committee is not a signee. 18 18 Because Prudential did not follow its own process for appointing a third-party administrator, 19 19 Prudential did not properly delegate discretionary authority to Aetna. Mr. Murch's claims should be 20 - 20reviewed de novo. 21 21 Although the Court finds that Mr. Murch's claims merit de novo review because of a failure 22 22 to properly delegate discretionary authority on the part of Prudential, the Court notes that it reaches  $2\overline{3}$ 23 the same result regarding the reasonableness of Aetna's review of Mr. Murch's claims, even when 24 24 employing the abuse of discretion standard. Assuming, for the sake of argument, that Defendant 25 25 Aetna is correct that discretionary authority was correctly delegated and the Court should review the 26 26 ORDER - 5

Case 2:05-cv-00992-MJP Document 33 Filed 05/23/2006 Page 6 of 14 1 1 MUCH claims under the abuse of discretion standard, the Court still reaches the conclusion that 2 2 Aetna's review of Plaintiff's health-care claims was substantively and procedurally unreasonable. The 3 3 reasoning the Court relies on to support this result is set forth in the following section. 4 4 C. Plain-language analysis of the Retiree Benefits Handbook (i.e., the SPED) Whether the standard of review is de novo or abuse-of-discretion, the Court must determine 6 6 whether Aetna reasonably interpreted the terms of the Plan. The doctrine of reasonable expectations 7 7 applies as a principle of federal common law controlling interpretation of insurance contracts 8 8 governed by ERISA. Winters v. Costco Wholesale Corp., 49 F.3d 550, 554 (9th Cir. 1995). An 9 ERISA contract should be interpreted "in an ordinary and popular sense as would a [person] of 10 10 average intelligence and experience." Deegan v. Continental Cas. Co., 167 F.3d 502 (9th Cir. 1999). 11 11 Further, ERISA plan coverage is intended to be liberally construed in order to protect the interests of 12 12 beneficiaries ("coverage [is intended to] . . . be construed liberally to provide the maximum degree of 13 13 protection to working men and women covered by private retirement programs"). 1 ERISA Leg. 14 \_14 History 604, S. Rep No. 93-127, 93d Cong., 1st Sess. 18 (1973), reprinted in 1974 US Code Cong. 15 15 & Admin. News 4838, 4854. 16 16 In this case, the "contract" is the SPED, the primary source of information for beneficiaries. 17 17 ERISA requires the SPED to be a straightforward, nontechnical explanation of what the plan is, how 18 18 it works, and what benefits are available. It must be "written in a manner calculated to be understood 19 19 by the average plan participant." ERISA § 102(a).  $20^{-20}$ Aetna's interpretation of the SPED does not square with the reasonable expectations of an 21 21 insured. A plain-language reading of the main text of the SPED (i.e., excluding the glossary) leaves 22 one with the impression that home health care of the type that was given Mr. MUCH is covered. 23 23 Glossary definitions in that document, however, contradict or leave unresolved the issue of whether 24 24 and what kind of home health care is covered. The relevant language from the front of the SPED is 25 25 as follows: 26 26 ORDER - 6

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2	2	Home Health Care: The programs cover care provided in a person's home, as long as
2		a doctor certifies, in writing, that Hospital care would be needed if home care were not available. In order to be eligible for Home Health Care, a doctor must create a written
3	3	plan of care within 15 days of the start of Home Health Care services, and Home Health
4	4	Care services must be preceded by at least one day of Hospital confinement Care that
4	•	is strictly custodial (such as bathing and toileting) is not covered (Dkt. 9, Ex. C,
5	5	Attachment 3 at 14-15)
	6	Other Covered Services: Private duty nursing care provided outside of a Hospital
6	U	or other facility by a Registered Nurse or Licensed Practicing Nurse and required for treatment of an acute illness or injury. The program does not cover nursing care when it
7	7	includes only Custodial Care (such as bathing and toileting) (Id. at 15, italics in
,	0	original)
8	8	What the Retiree Medical Programs Do Not Cover: Charges for services or
9	9	supplies that are not Necessary or are not appropriately provided for the care of a
9		diagnosed sickness or injury ( <u>Id.</u> at 17)
10	) 10	Od - C
4	11	Other Services: Home Health Care. 100% [covered]; no Deductible; 1 day prior hospitalization required ( <u>Id.</u> at 34).
1	l **	nospitalization required: ( <u>Id.</u> at 3+).
12	12	
	10	Glossary definitions undermine the conclusion that home health care of the type paid for by
13	3 13	the Murches is covered:
1,	14	•
1-		Home Health Care: Home Health Care usually begins after a person has been an
1:	5 15	Inpatient in the Hospital The need for such care must be confirmed in writing by a
10	16	doctor, and it must be established that the Home Health Care is taking the place of an Inpatient stay in a Hospital Custodial Care—care provided to help a person in the
	,	activities of daily living, such as dressing, bathing or toileting—is not covered under Home
17	, 17	Health Care (Dkt. 9, Ex. C, Attachment 4 at 43; note the omission of "only" or
4.7	18	"strictly" custodial care not being covered).
18		Medically Necessary: A Medically Necessary service, confinement or supply is one that
19	19	is prescribed by a licensed physician for the diagnosis or treatment of a sickness or injury, and is generally accepted and in use by the medical community for the condition being
		treated or diagnosed. However, the fact that a physician prescribes a service, confinement
20	20	or supply for a covered individual does not ensure that it will be considered an Eligible
21	21	Expense under the Retiree Medical Program. The health care carrier will make the final
		decision as to what is Medically Necessary ( <u>Id.</u> at 45).
	22	Necessary: A service or supply furnished by a particular Provider is Necessary if Aetna
23	23	determines that it is appropriate for the diagnosis, the care or the treatment of the disease or injury involved. To be appropriate, the service or supply must: Be care or treatment,
23	,	as likely to produce a significant positive outcome as, and no more likely to produce a
24	. 24	negative outcome than, any alternative service or supply, both as to the disease or injury
-	25	involved and the person's overall health condition In no event will the following services or supplies be considered to be Necessary: Those that do not require the
25	2.5	technical skills of a medical, a mental health or a dental professional; those furnished
26	26	mainly for the personal comfort or convenience of the person, any person who cares for
		him or her, any person who is part of his or her family, any health care Provider or health
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Case 2:05-cv-00992-MJP Document 33 Filed 05/23/2006 Page 8 of 14 care facility.... (<u>Id.</u> at 46-47). Reviewing Aetna's interpretation either de novo or under an abuse-of-discretion standard, the Court overturns Aetna's interpretation of the benefits plan, finding that the language of the SPED is inconsistent with Aetna's interpretation. In a closely analogous case, Saltarelli v. Bob Baker Group Medical Trust, 35 F.3d 382, 385 (9th Cir. 1994), a benefits exclusion was found not in the main body of the SPED but only in the Definitions chapter and required a "coordinated reading" of separate definitions. Id. at 385. The court considered the exclusion "not conspicuous to attract the attention of a reasonable layman" and held the exclusion unenforceable, adopting the doctrine of reasonable expectations. Id. Here, the language in the front of the SPED allows coverage for the type of health care paid for by the Murches. The language of the text as a whole, however, is self-contradictory. This is not an ERISA contract involving "two reasonable and fair interpretations" (Babikian v. Paul Revere Life Ins. Co., 63 F.3d 837 (9th Cir. 1995)); the contract is poorly written. Aetna's interpretation therefore must be seen as unreasonable. See Saffle v. Sierra Pac. Power Co. Bargaining Unit Long Term Disability Income Plan, 85 F.3d 455, 458 (9th Cir. 1996) (an administrator's interpretation of an ERISA plan that conflicts with the plain language of the plan is unreasonable). The Murches reasonably read the SPED as covering home care if it was authorized by a doctor following a hospital stay, was not strictly custodial but involved some custodial care, and was necessary. Because Mary MUCH is allegedly physically unable to transfer her husband from a wheelchair to a bath -20chair or a toilet, the Murches did not consider the care to be "mainly for [her] personal comfort or convenience." Letters from Drs. Lombard and Jordan support the view that the care was necessary (see Dkt. 9, Ex. D, Attachment 7 at 63-65). Aetna's conclusion—that the Plan clearly excludes coverage for home health care that includes both care that requires medical training and care that does not—is contrary to the plain language of the text in the main part of the handbook. The text twice emphasizes that only care that is strictly or only ORDER - 8

1 procedures. Every plan must provide a claimant with "a reasonable opportunity to appeal an adverse 2 benefit determination to an appropriate named fiduciary of the plan, and under which there will be a full 3 and fair review of the claim and the adverse benefit determination." 2 ERISA § 503, 9 CFR § 2560.503-4 1(h)(1), "Full and fair review" means, inter alia, providing the claimant with an opportunity to submit information relevant to the claim and a review process that takes into account the information submitted. 6 29 CFR § 2560.503-1(h)(2). When a claimant appeals a denial of benefits, the review must not defer to 7 the initial decision and must be conducted by an appropriate named fiduciary who is neither the individual 8 who made the initial determination nor one of her subordinates. 29 CFR § 2560.503-1(h)(3)(ii). If the initial determination was made on the basis of a medical judgment (for example, a judgment that a 10 treatment was not medically necessary), the fiduciary must consult with a health care professional who 11 has experience in the relevant medical field. 12 The SPED in this case explicitly requires claimants to exhaust plan remedies before filing suit: 13 14 15

"You . . . must follow the claims and appeals procedures outlined below before taking action in any other. forum regarding a claim under The Prudential Welfare Benefits Plan" (Dkt. 9, Ex. C, Attachment 4 at 22). The Plan's full claims procedure runs as follows: Once a beneficiary files a claim, Aetna has a maximum of 30 days to provide a "Notice of Adverse Benefit Determination" (Id. at 24). The beneficiary may then file an appeal, to which Aetna has 30 or 60 days to respond, depending on the type of appeal. If the decision is still adverse, the beneficiary is deemed to have exhausted the plan remedies and may file suit within one year of the final determination of the appeal (Id. at 27-29). Here, exhaustion is required by the Plan. Unless an exception applies, Plaintiff would have to follow the full claims procedure before filing suit for denied benefits.

## 2. Exceptions to exhaustion requirement.

a. Unreasonable claims procedure. A court may decline to require exhaustion where the claims procedure is procedurally and/or substantively unreasonable 29 CFR § 2560.503-1(k)(2)(ii). As discussed above, Aetna's claims procedure was substantively flawed; its interpretation of the SPED was

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1 1 2 2 3 3 4 4	the period February 8-July 17, 2004, are denied. The claims are REMANDED to Aetna for proper review.  b. Futile claims procedure. Plaintiff argues that he did not submit a third claim because doing so would have been futile. Futility must be clearly demonstrated; "bare assertions of futility are	
5 5 6 6 7 7 8 8 9 9	insufficient to bring a claim within the futility exception." Diaz v. United Agric. Employee Welfare  Benefit Plan & Trust, 50 F.3d 1478, 1485 (9th Cir. 1995). A district court's review is limited to the administrative record. Winters v. Costco Wholesale Corp., 49 F.3d 550 (9th Cir. 1995).  Here, Aetna's claims administrators made an internal decision, when the Murches had submitted	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	claims only for the period through March 20, 2004, that claims after June 5, 2004, would be denied as "custodial." Dkt., Ex. D at 3-4. Furthermore, four months after Aetna was supposed to have made a benefits determination regarding Plaintiff's second claim, Aetna still had not responded. Plaintiff has sufficiently demonstrated futility in the case of claims submitted after July 17, 2004. The Court remands	
$ \begin{array}{rrrr}  & 13 & 13 \\  & - & - & 14 & 14 \\  & & 15 & 15 \\ \end{array} $	consideration of claims after July 17, 2004, to Aetna.  3. Remedies. Usually, a claimant whose plan fiduciary fails to comply with ERISA's procedural	
16 16	requirements is not entitled to an award of denied benefits. McKenzie v. General Tel. Co. of Cal., 41  F.3d 1310, 1315 (9th Cir. 1994), cert. denied, 514 U.S. 1066 (1995). Courts commonly remedy a violation of claims procedures by remanding the claim with instructions to the plan fiduciary to undertake	
19 19	a proper review. Following McKenzie, the Court REMANDS—the claims for reconsideration and instructs Aetna to read the SPED as covering home health care that is not strictly custodial.	
21 21 22 22 23 23	Conclusion  For these reasons, the Court DENIES Defendant's motions in totality. (1) The Court GRANTS	
24 24 25 25 26 26	Plaintiff's motion to have the claims reviewed de novo. The Plan documents fail to properly delegate discretionary authority to Aetna. However, analyzing Aetna's handling of the MUCH claims under both a de novo standard and an abuse of discretion standard, the Court reaches the same outcome as to all	
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2 2	other issue in this litigation. (2) The Court DENIES Defendant's motion to deny coverage for February	
3 3	8-July 17, 2004. Aetna's interpretation of the plan was substantively and procedurally unreasonable.	
4	Plaintiff is deemed to have exhausted administrative remedies for claims through July 17, 2004, and the	
4	Court REMANDS these claims to Aetna so the company may undertake a proper review. (3) The Court	
6 6	DENIES Defendant's motion to deny consideration of Plaintiff's claims beyond July 17, 2004. Although	
6 0	Plaintiff did not submit a claim for this period, Plaintiff has demonstrated that doing so would have been	
	futile. Aetna must undertake a review of Plaintiff's home health care after July 17, 2004, reading the	
8 8	SPED as covering home health care that is not strictly custodial.	
9 9	The Clerk is directed to send copies of this order to all counsel of record.	
10 10	Dated this 23 <sup>rd</sup> day of May, 2006.	
11 11	Dutou tino 25 day of May, 2000.	
12 12	Marshu Melins	
13 13	Marsha J. Pechman	
14 14	United States District Judge	
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